

Parsnip Fruit Cake (Serves 12)



Ingredients

- 200g dried mixed fruit
- 3 eggs
- 175ml sunflower oil
- 50g muscovado sugar
- 225g self raising flour
- ½ tsp baking powder
- ½ tsp bicarbonate of soda
- 1 tsp ground ginger
- 1 tsp mixed spice or cinnamon
- Zest of 1 lemon
- 225g grated parsnip

Method

1. Preheat oven to 200C
2. Put egg, sunflower oil and sugar in a bowl and whisk until creamy.
3. Sift in the flour, baking powder & bicarbonate of soda & fold in gently.
4. Fold in mixed fruit, parsnip and lime zest.
5. Spoon mixture in to muffin cases and place in muffin tin.
6. Bake for approximately 25 minutes.

